

WANNABE  
*Balanced Mom*

*What I'm grateful for...*



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\_\_\_\_\_



\_\_\_\_\_

*Soul*

*How do I want to feel...*



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

*Body*

*Mind*

*Mom Goals*



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

*Wife Goals*



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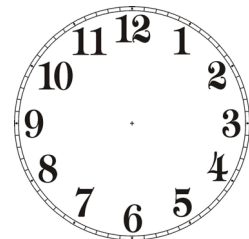


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*I will set aside*  *hours of no phone time*



*Affirmation*

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